

Fairhaven Friends

No 11

Belief

Friendship

Diversity

15th March 2024

Achieve

Diary Dates

Tues 19 th	Theatre company visit – The Hobbit
Wed 20 th	Orienteering at Waterloo Park
Thurs 21 st	KS1 Girls football afternoon at Thorpe High School
Thurs 21 st	Beech Class swimming
Fri 22 nd	Non uniform day Bunny Hop Disco
Mon 25 th	KS1 Cricket Festival (AM) at UEA
Tues 26 th	2.30pm Rock Steady Concert
Wed 27 th	Last day of the Spring term

Thurs 28th Mar – Fri 12th Easter holiday



We have had a lot of children off this week with bad coughs, particularly in Oak Class. It appears that this particular virus leads to a build-up of sticky mucus in the throat, which is uncomfortable and irritating, especially if the children haven't experienced this before.

If children are unwell with their cough, they should stay at home to rest. As parents, you can always tell when they are ready to return to school, and we are always happy to see children back.

Communications regulator (Ofcom) published an article today regarding children's experiences of harm online. A recent piece of research has concluded that children of primary school age can encounter violent online content when using social media, video-sharing and messaging sites and apps. Of course, tech firms should ensure they are ready to fulfil their new duties under the Online Safety Act, but it is also a reminder for us to know what our children are accessing whilst playing online and who they are talking to. If you would like to read more about the report, please follow this link

<https://www.ofcom.org.uk/news-centre/2024/encountering-violent-online-content-starts-at-primary-school>

In our Wellbeing Assembly on Monday, we discussed the guidance age for many popular sites. WhatsApp and Snapchat, for example, have a minimum age guidance of 13 and, therefore, they are not recommended for any person of primary school age. Several organisations produce information for parents and carers on how to keep children safe online. Here are a couple of recommended links.

<https://www.nspcc.org.uk/keeping-children-safe/online-safety>

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>

On to brighter things, now that the weather is warming up, we are looking forward to taking the children out to several sporting events. For our Key Stage 2 children, we committed to ensuring everyone represents the school in at least one sporting event. Later in this newsletter, you will see some pupils went to play rugby at Norwich Rugby Club and later in March all the children in Chestnut Class are going to the UEA to play cricket for the morning.

I am looking forward to the Easter Bunny Hop next Friday, and there will also be a special cake raffle next week too. Tickets will be 20p each.

Enjoy your weekend.

Mrs Lake

Acle Cluster KS2 Rugby Competition

Well done to all the children that took part in the annual TAG rugby competition at Redmayne Fields. Our Year 3/4 team came second and Year 5/6 fourth.





Talia and Isla's Cheer Competition

I went to Copper Box in London on Saturday 17th February for a cheer competition. All of our teams were from Brave Allstars which is the club that I attend. I've attended this club for three years.

The competition was called Legacy and each group had to perform their routine. There are groups competing at different levels and they go ahead-to-head against other clubs who are the same levels. People came from across the south east to compete.

The routine included stunting, tumbling and dance. Stunting is throwing people into the air and catching them - hopefully.

There were 11 people in my group. We came second out of four groups which is a great achievement because the competition was at a high level.

I really enjoyed competing and can't wait for my next competition.

Talia

Isla I competed in this event too. Her team won the group and were division champions. Well done!



Big Norfolk Holiday Fun 2024 – Music Makers and Body Shakers!



Norfolk Music Hub in partnership with Norfolk County Council's Holiday Activity Fund are delighted to bring to Great Yarmouth a fun couple of days of musical fitness activities entitled Music Makers and Body Shakers!

The 2 days aim to bring young people from across Norfolk together to engage in musical opportunities including singing, movement and dancing.

The Big Norfolk Holiday Fun – Active Norfolk scheme is being run by Norfolk County Council and is free to all families with children aged 5-16, who are eligible for means-tested free school meals. Follow this link for more information.

[Big Norfolk Holiday Fun 2024 – Music Makers and Body Shakers! - Norfolk Music Hub](#)

Celebration Assembly

1st March

Sycamore Class

Henry was nominated

Sycamore Class said Henry is good at football and tennis. He is a kind friend and fun to play with. He is also good at drawing and making things.

Mrs Fleet said that Henry engages well in his learning and does some good thinking. He always

tries his best and contributes to our class discussions.

Chestnut Class

Chestnut Class have nominated Zara for practising neat handwriting, being a great skipper and putting her hand up to answer questions.

Zara said she enjoys maths and has been particularly proud of her new learning about division this week. Zara has been sharing amounts into equal groups and identifying the associated division number sentence.

Miss Ampleford said *"Zara always works thoughtfully in her writing tasks to make sure she uses the correct punctuation where needed. She has demonstrated this particularly well in our recent unit writing informal letters - she has shown good use of exclamation marks, question marks and commas!"*

Beech Class

Mr Branch and Charlie Co nominated Lucy. Charlie said, *'Lucy uses beautiful handwriting, always listens to Mr Branch and is a really good friend!'*

Mr Branch said, *'Lucy has a super attitude to school and makes the most of the opportunities provided. She consistently writes in detail, currently producing a third person narrative about a pig! She is always helpful and friendly and works exceptionally well with her partner in all subjects, recently creating a variety of electrical circuits! She has become increasingly confident in maths and has shown success in adding fractions to mixed numbers and converting improper fractions to mixed numbers. Well done Lucy!'*

Lucy said, *'I am really proud of my maths and in particular the fractions work we've been doing this week!'*



Oak Class

This week, I'd like to nominate Rhys.

Rhys is working hard in the classroom. He starts work promptly and works through until he has finished. Rhys is trying particularly hard to present his work nicely and he is focusing on his handwriting, trying to make it as neat as possible.

Rhys gives up his own time to work in the library and he is also being a good role model for the rest of the class.

Rhys' classmates tell me that he is "good at maths", "good at sport", and "an amazing friend". Well done Rhys. I am proud of all that you have achieved!

Miss Grey

8th March

Sycamore Class

Reid was nominated

Sycamore Class said Reid was good at sport and drawing. He is a good friend to play with.

Mrs Fleet said 'Reid always takes care with his work and tries his best. He is more confident to share his ideas with us now.'

Chestnut Class

Chestnut Class have nominated Tamika. They said *"she is funny, good at handwriting, really helpful and great at maths."*

Tamika has been proud of her literacy work and has written a lovely letter pretending to write to a pen pal in France. She has separated her letter into sections, included questions with question marks and has thought carefully about the content she has included.

Miss Ampleford said "Tamika clearly enjoys her literacy learning, she loves writing and is always keen to write more. She responds quickly to

advice on how to make her writing even better and always shows that she has been thinking about her personal writing targets. Tamika has also created some beautiful explorative prints in art this week - experimenting with making her own potato and clay stamps and printing on a range of different surfaces."

Beech Class

Bradley was nominated by Mr Branch and Harris.

Mr Branch said, *'Bradley has demonstrated an excellent understanding of fractions and is now beginning to show the same with using grams and kilograms in maths. He showed tremendous focus and enjoyment in our 'Forensic Ecology Workshop' with Dr Amanda Hartley and didn't mind being dressed up as a flower to demonstrate pollination! He has also been nominated by Madame Harvey who said he was a superstar in the Spanish challenge game!'*

Oak Class

This week, I am nominating Elsie for lots of very positive reasons.

Elsie focuses well in class and she is confident to put her hand up to answer questions and to share her ideas with the class.

Elsie's work is very neatly presented and she works efficiently, always completing a task to the best of her ability.

Elsie is a good all-rounder, she is an independent learner and can be relied upon to work hard in all areas of the curriculum.

Elsie's classmates tell me that she is a kind and caring friend. They also say that she is an "amazing singer" and is "great at football".

I am delighted that Elsie is in Oak class because she is a valuable member of our team. Well done, Elsie.

Miss Grey



15th March

Sycamore Class

Mason was nominated by Penelope.

She said he likes playing with me and he's a good friend to me.

Sycamore Class said that Mason was a good friend to play with. He's good at making things. He's good at playing games and football and makes us laugh.

Mrs Fleet said *'Mason has made super progress with his sounds, including 'special friends' sounds and is beginning to write words independently.'*

Chestnut Class

This week Chestnut Class have nominated Millie

Millie is really kind and funny. She is good at history and tries really hard with her maths. She is resilient and never gives up - especially when practicing her times tables.

Miss Ampleford said *"Millie always tries her best and is an excellent role model for those around her. She has been working particularly hard on her writing skills and has recently completed a lovely fact file about Rosa Parks in our history lesson."*

Beech Class

Harry was nominated by Mr Branch and Penny

Penny said, *'Harry is really good at PE, especially football, and likes to include everyone in his games!'*

Mr Branch said, *'Harry has shown an increasing enthusiasm towards school and always proceeds with tasks quickly and quietly! He loves PE, works well in maths and is beginning to show more independence within reading and writing sessions. Well done Harry!'*

Harry Said, *'I am proud of my efforts in both sport and maths! I also feel I'm getting better at my reading!'*

Oak Class

This week, I'd like to nominate Ella.

Ella is a STAR learner. She has her equipment ready, gets to work quickly and always tries her best.

Ella supports her classmates and she will happily provide help to the pupil sitting next to her if help is needed. She is generous with her time and knowledge.

Ella is a good all-rounder and she enjoys both the academic and creative subjects as well as dance, football, gymnastics and piano.

Lots of Ella's classmates have been absent this week but I know that they would tell me that Ella is a good friend, she is flexible, helpful and "she's amazing". Hopefully, they will be back in class next week when they can add their thoughts to our classroom board.

Ella is a popular and caring member of our team and a genuinely lovely person. Thank you, Ella, for being you!

Miss Grey

HAPPY BIRTHDAY

Archie Isla B Lucy Leah
Heidi Dylan C



Encouraging your children to eat a healthy diet

Here are some websites you could visit to encourage healthy eating tips for the whole family.

<https://www.nuffieldhealth.com/article/10-strategies-to-encourage-your-children-to-eat-well>

<https://kidshealth.org/en/parents/habits.html>

<https://www.nhs.uk/live-well/eat-well/food-guidelines-and-food-labels/the-eatwell-guide/>

Mrs Reynolds



NORWICH EASTER HOLIDAY CAMP

Big Norfolk Active Norfolk
City Academy Norwich
295 Mitchell Rd, Norwich NR4 7LP
9am - 3:30pm

2nd April - Year 1 - Year 6
3rd April - Year 7 - Year 13
4th April - Year 1 - Year 6
5th April - Year 7 - Year 13
8th April - SEND (9:30am-1pm)
9th April - Year 1 - Year 6
10th April - Year 7 - Year 13
11th April - Year 1 - Year 6
12th April - Year 7 - Year 13

£30 Per Day
+Free T-Shirt
Lunch Options for Paid Spaces (£5)

@NorfolkHoopstars
<https://www.norfolkhoopstars.com/camp-5>

Eastertide at St Mary's, South Walsham

Mother's Day Service

Sunday 10th March - 11am
(in St Lawrence's)

Palm Sunday Service

Sunday 24th March - 11am
(in St Mary's Church)

Fairhaven School Assembly

Wednesday, 27th March - 9.30am
(in St Mary's Church)

Everyone welcome

Hot drinks available after the service

Good Friday Plus

Coffee and Children's Crafts
Friday 29th March - 10 am - 12am
(in St Lawrence's)

Grand Easter Egg Hunt

Games, Tombola and Refreshments
Saturday 30th March
10am - 1pm
(in St Lawrence's & Churchyard)

Easter Sunday Service

Holy Communion with Bitternes Afloat
Sunday 31st March
11am
(in St Mary's Church)

Benefice Service

Holy Communion
Sunday 7th April
11am
(in St Mary's Church)



tots2teens club

FUN ZONE
Thursday 11 April
South Walsham
Village Hall
9:30 am to 3:30 pm
Age 5 - 10 years
£21.50

Free lunch and snacks for all children

Big Norfolk Holiday Fun
Broadland District Council
Community at heart





GRAFFITI CLASSICS
The Comedy String Quartet
PRESENTS
PLAYGROUND PROMS

POP-UP SHOWS IN NORWICH
SATURDAY 23 MARCH 2024
10:30 – Norwich Cathedral
11:30 – Chantry Place
13:00 – Norfolk and Norwich Hospital

Arts Council England
Supported using public funding by
ARTS COUNCIL ENGLAND
Norfolk County Council
Norfolk Music HUB



Grand Easter Egg Hunt

St Mary's & St Lawrence's Churchyards
South Walsham

Saturday, 30th March
10am – 1pm

Refreshments
St Mary's Church

Games
South Walsham Guides

Easter Egg Hunt
1st South Walsham Brownies
£2 per entry to find a hidden Easter Egg

Games
Fairhaven Preschool & School

Village Hall
Tombola

Upton Village Hall Group Tel: 01263 704292

Easter Bunny Trail




Fri 29th March to Mon 1st April

Can you find lots of Easter Bunnies hiding in gardens around the village?

Free tick list available from the village community shop

Happy Easter





Sports United

Starting Tuesday 2nd April – Thursday 11th April

FREE
FREE LUNCHES AND LUNCHES
The children that are invited to the clubs will be invited to the lunch at the school canteen. Please bring your own drink.

£12 PER DAY
Payment must be received in advance

50% DISCOUNT
The children that are invited to the clubs will be invited to the lunch at the school canteen. Please bring your own drink.

EASTER HOLIDAY CLUBS 2024
FOR CHILDREN IN RECEPTION - YEAR 6

Sports
(including football, dodgeball, cricket, rounders + many more)

General Play
Movies
Arts & Crafts

Cooking
(on Wednesday 3rd, Friday 5th, Tuesday 9th and Wednesday 10th)

Martham Academy School
Tuesday 2nd - Thursday 11th April
9:00am - 3:00pm

Upton Village Hall
SPORTS ONLY
Wed 3rd & Thu 11th April
10:00am - 3:00pm

Book via our Facebook page or email gary.sportsunited@yahoo.co.uk
Bank details: MR G A WILSON, sort code 20-99-21, account no. 10169749



Week One					
	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza and Tomato Pasta Salad (v)	Beef Meatballs with Tomato Sauce in a Sub Roll with Potato Wedges	Roast Chicken with Stuffing, Mashed Potato and Gravy	Chicken and Sweetcorn Pasta	Breaded Fish Fingers and Chips
Hot Option 2	Tex Mex Chili and Steamed Rice (v)	Cheese and Tomato Pasta Bake (v)	Cheese and Potato Pie with Gravy (v)	BBQ Plant Balls with Steamed Rice (v)	Tomato and Courgette Omelette and Chips (v)
Jacket Potato	Jacket Potato with Baked Beans	Jacket Potato with Cheese and Beans	Jacket Potato with Tuna Mayo	Jacket Potato with Baked Beans	Jacket Potato with Cheese
Served with	Peas and Sweetcorn	Mixed Salad	Carrots and Green Beans	Mixed Vegetables	Peas or Baked Beans
And for Pudding	Orange Cupcake	Strawberry Ice Cream	Toffee Cream Shortbread	Cocoa Krispie Bar	Summer Berry Muffin
Packed Lunch	Ham or Cheese or Tuna Sandwich, Salad Sticks, Popcorn and Orange Cupcake	Ham or Cheese or Tuna Sandwich, Pizza Finger, Melon Wedge and Strawberry Ice Cream	Ham or Cheese or Tuna Sandwich, Salad Sticks, Sultanas and Toffee Cream Shortbread	Ham or Cheese or Tuna Sandwich, Sultanas, Orange Wedges and Cocoa Krispie Bar	Ham or Cheese or Tuna Sandwich, Salad Sticks, Sultanas and Summer Berry Muffin
Week One: 15 Apr 6 May 3 Jun 24 Jun 15 Jul 16 Sept 7 Oct — Fresh Fruit Available Daily					
Week Two					
	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza and Potato Wedges (v)	Breaded Chicken Goujons in a Wrap with a Dip and Savoury Rice	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Cheesy Pasta (v)	Breaded Fish Fingers and Chips
Hot Option 2	Homemade Bean Burger in a Roll with Potato Wedges (v)	Plant Sausages and Tomato Pasta (Ve)	Vegetable and Tomato Pastry Pailt with Roast Potatoes and Gravy (v)	Cauliflower, Chickpeas and Potato Curry with Steamed Rice (v)	Garden Vegetable Goujons and Chips (v)
Jacket Potato	Jacket Potato with Baked Beans	Jacket Potato with Cheese and Beans	Jacket Potato with Tuna Mayo	Jacket Potato with Baked Beans	Jacket Potato with Cheese
Served with	Sweetcorn	Crunchy Veg Sticks	Carrots and Peas	Mixed Vegetables	Peas or Baked Beans
And for Pudding	Vanilla Cupcake	Cocoa Oatcake	Shortbread	Fruit Jelly	Cherry Bakewell Cupcake
Packed Lunch	Ham or Cheese or Tuna Sandwich, Salad Sticks, Popcorn and Vanilla Cupcake	Ham or Cheese or Tuna Sandwich, Pizza Finger, Melon Wedge and Cocoa Oatcake	Ham or Cheese or Tuna Sandwich, Salad Sticks, Sultanas and Shortbread	Ham or Cheese or Tuna Sandwich, Popcorn, Orange Wedges and Fruit Jelly	Ham or Cheese or Tuna Sandwich, Salad Sticks, Sultanas and Cherry Bakewell Cupcake
Week Two: 22 Apr 13 May 10 Jun 1 Jul 2 Sept 23 Sept 14 Oct — Fresh Fruit Available Daily					
Week Three					
	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza and Potato Wedges (v)	Beef Bolognese with Pasta	Chiquita Sausages with Yorkshire Pudding, Mashed Potato and Gravy	BBQ Chicken with Savoury Rice	Breaded Fish Fingers or Salmon Fingers and Chips
Hot Option 2	Vegemince Bolognese with Pasta (v)	Loaded Tomato and Bean Bake (v)	Plant Sausages with Yorkshire Pudding, Mashed Potato and Gravy (v)	Cheese and Tomato Pasta Bake (v)	Cheese and Potato Pastry Pinwheel with Chips (v)
Jacket Potato	Jacket Potato with Baked Beans	Jacket Potato with Cheese and Beans	Jacket Potato with Tuna Mayo	Jacket Potato with Baked Beans	Jacket Potato with Cheese
Served with	Crunchy Veg Sticks	Broccoli	Mixed Vegetables	Sweetcorn	Peas or Baked Beans
And for Pudding	Cocoa Mousse	Lemon Shortbread	Marble Cake	Banana Flapjack	Iced Sprinkle Cake
Packed Lunch	Ham or Cheese or Tuna Sandwich, Salad Sticks, Popcorn and Cocoa Mousse	Ham or Cheese or Tuna Sandwich, Pizza Finger, Melon Wedge and Lemon Shortbread	Ham or Cheese or Tuna Sandwich, Salad Sticks, Sultanas and Marble Cake	Ham or Cheese or Tuna Sandwich, Popcorn, Orange Wedges and Banana Flapjack	Ham or Cheese or Tuna Sandwich, Salad Sticks, Sultanas and Iced Sprinkle Cake
Week Three: 29 Apr 20 May 17 Jun 8 Jul 9 Sept 30 Sept 21 Oct — Fresh Fruit Available Daily					

School Lunches

We have been advised that the cost of a school dinner will be increasing after Easter. This is the first price increase since 2020. The new cost of a meal will be £2.60.

A polite reminder that lunches should be paid for in advance. We are not allowed to carry debt and with the end of the financial year rapidly approaching we will have to account to Norfolk County Council for all money that is owed to us.

There will be a new menu after Easter (copy above). You will receive an email during the Easter break with a PDF copy.

